



# Products for Physical Fitness

## Hand WATE™ Balls

- Color-coded hand weighted balls are small enough to grasp with one hand, yet big enough to hold with two hands.
- Balls increase in weight from 1.1 to 6.6 lbs. while maintaining a constant 5" diameter.
- Use a sports/bicycle pump to inflate ball to make harder/easier to grasp.



SKU	weight	diameter	color
10-3160	1.1 lb.	5"	tan
10-3161	2.2 lb.	5"	yellow
10-3162	3.3 lb.	5"	red
10-3163	4.4 lb.	5"	green
10-3164	5.5 lb.	5"	blue
10-3165	6.6 lb.	5"	black

### WARNING

Exercise routines should be determined by a doctor, therapist, coach, or trainer.



Manufacturer and Master Distributor of  
Physical Therapy and Rehabilitation Products

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# CANDO®

Simple, Cost Effective, Portable Exercise Products



1. Candy™ exercise band with anti-slip handle
2. Aero Form™ band
3. Thigh with Handles™
4. TBS™ bar
5. Exercise web
6. Opti-Exer™™
7. Opti-Flax™
8. Therapy by™ material
9. Water™ bar
10. Orriball
11. O™™ weight
12. Heavy ball
13. Medicine ball
14. Balance pad
15. Closed cell fitness mat
16. Open cell fitness mat
17. Jumbo™ foam roller
18. MVP™™ balance board
19. Vee™™ bar disc
20. Instable ball

Visit us at

[www.CandoProducts.net](http://www.CandoProducts.net)

for more exercise products

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