



# VINYL COATED CAST IRON KETTLEBELL

- Used for upper body rehabilitation and fitness exercises
- Bright color allows for easy weight identification
- Vinyl coating reduces potential scratching of floor
- Available in convenient weight increments



SKU	weight		color
10-3191	5 lb.	2.3 kg	yellow
10-3192	7.5 lb.	3.4 kg	red
10-3193	10 lb.	4.6 kg	green
10-3194	15 lb.	6.8 kg	blue
10-3195	20 lb.	9.1 kg	black
10-3196	25 lb.	11.4 kg	silver
10-3197	30 lb.	13.6 kg	gold
10-3198	kettlebell rack - holds 660 pounds		

## WARNING

Exercise routines should be determined by a doctor, therapist, coach, or trainer.



Manufacturer and Master Distributor of  
Physical Therapy and Rehabilitation Products

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# CANDO<sup>®</sup>

Simple, Cost Effective, Portable Exercise Products



1. Cando<sup>®</sup> exercise band with adjustable handle
2. AccuForce<sup>™</sup> band
3. Tubing with Handles<sup>™</sup>
4. TBS<sup>™</sup> bar
5. Exercise web
6. Digi-Extend<sup>™</sup>
7. Digi-Flex<sup>™</sup>
8. Theraputty<sup>™</sup> material
9. Wate<sup>™</sup> bar
10. Dumbbell
11. Cuff<sup>®</sup> weight
12. Handy ball
13. Medicine ball
14. Balance pad
15. Closed cell fitness mat
16. Open cell fitness mat
17. Jumbo<sup>™</sup> foam roller
18. MVP<sup>™</sup> balance board
19. Vestibular disc
20. Inflatable ball

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