

## **Band and Tubing Accessory**

## **ANCHOR STIRRUP WITH NUB**



- Heavy-duty webbing has a loop on one end and a nub on the other.
- Nub can be placed in a door jamb or wall pulley system
- Alternate between bands and tubing placed at different heights for a total body workout.

<b>ORDER</b> 10-5320	1 each	10-5321	10 each	10-5322	50 each	
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## FOR EXERCISE AND FUN

Exercise routines should be determined by a doctor, therapist, coach, or trainer. Routines should include number of reps, sets, times per day and times per week.



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- 14. Balance pad
- 15. Closed cell fitness mat
- 16. Open cell fitness mat
- 17. Jumbo™ foam roller
- MVP<sup>™</sup> balance board
- 19. Vestibular disc
- 20. Inflatable ball

Visit us at <u>www.CandoProducts.net</u> for more exercise products Authorized CE representative: RMS UK Ltd. 28 Trinity Road Nailsea, Somerset BS48 4NU (UK)

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