

# **Universal Guardrail Fall Protection**

#### Instructions

Use these instructions as part of a training program as required by OSHA and any applicable state agency. The user must understand how to safely use the RZ Guardrails and all safety equipment used in combination with the RZ Universal Guardrails.

A competent person who is highly trained and experienced, assigned by the employer, must be responsible for all elements of a fall safety program, including the regulation, management, and application as it relates to the use of the RZ Guardrails and related system.

# **Safety Information**

Serious injury, bodily harm or death may result if there is a failure to understand and comply with safety regulations. These instructions are not all-inclusive and are for reference only and not intended to replace a competent person, knowledge or judgment of Federal and State Standards. New OSHA Rule in affect: Walking-Working Surfaces, 1910.28, please consult this as well as all local, State and Federal OSHA rules

Workplace conditions including, but not limited to weather conditions, corrosive chemicals, potential electrical hazards, sharp objects/surface, and slope of the surface must be evaluated by a competent person before equipment is selected and installed and before work begins. Do Not misuse equipment. Do Not alter equipment. Unprotected leading edges and sides that are 6 feet or more above the next lowest level require the use of these guardrails, safety nets or personal fall protection devices. Never lean or climb on a Roof Zone Guardrail.

Inspection of the RZ Guardrail must take place routinely at intervals not to exceed 6 months. A competent person other than the end user must be responsible for the inspection of the RZ Guardrail System. All inspection must be recorded by a competent person who must sign their initials and date (month/year) in the appropriate box on the inspection grid decal for the month and year the inspection was conducted.

## Prior to installation/set-up of the RZ Guardrail System, a competent person must develop a system layout plan.

- 1. Evaluate the roof surface to confirm that the RZ Guardrail system will not be installed on top of gravel or slippery surfaces.
- Measure the work surface area to be protected and space the Zip base plate accordingly (10 ft. centers for long runs, 7-1/2' and or 5 ft. centers where required).
- 3. All Zip Base plates must be located a minimum distance of 18 in. from a "no curb"/parapet leading edge, or opening. If the work location has a curb or parapet edge, the Zip Base can be placed perpendicular against the rise of the structure.
- 4. Always be aware of all electrical hazards (ELECTRICITY KILLS). A minimum safe distance of 10 ft. away from power lines and other electrical hazards must be maintained at all times.
- 5. Zip base plates must be oriented correctly with the RZ Guardrails installed perpendicular. Toe boards are installed parallel to the guardrails. Safety clips pins must be inserted through all zip base plates and guardrails.
- 6. The RZ Guardrail System must be installed in a continuous run, and must completely block all applicable leading edges of potential fall hazards. Do not attempt to relocate a fully assembled system.
- 7. Guardrail Outriggers MUST be used at both ends of any interruption in continuous guardrail sections, or at both ends of a continuous guardrail section. See back for example.
- A Guardrail Outrigger is installed perpendicular to a continuous guardrail run. IMPORTANT: Zip Base plate must be placed perpendicular to the orientation of the guard rails with the long side nearest to the roofs leading edge.

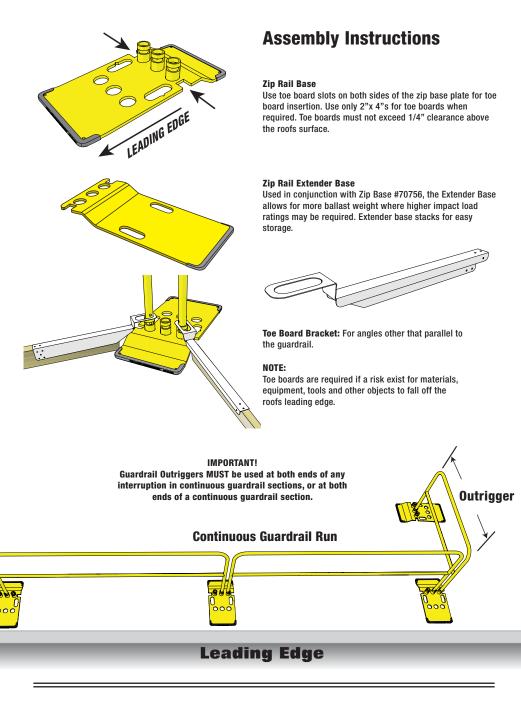
## Assembly and Use

- 1. Place all Zip Rail Baseplate's around the leading edge of the fall hazard area, space the Zip Rail Baseplate's at approximate lengths of the corresponding length of guardrail (10', 7.5' and 5').
- 2. When assembling the guardrails into the Zip Rail Baseplate, position the guardrails between the fall hazard and the installers work area. Position one leg of each guardrail into the outermost Zip Rail Baseplate retaining tube. Maintaining the guardrail positions between the installers body and the fall hazard edge, position the tube into the adjacent Zip Rail Baseplate retaining tube.
- 3. Once each guardrail tube has been inserted into the Zip Rail Baseplate retaining tube, install the retaining pins.
- 4. Install toe-boards if and whenever required.

Instruction Sheet #08281 TIE DOWN ENGINEERING • Atlanta, GA 30336 www.tiedown.com (404) 344-0000



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